



# COVID-19

+ stay informed

## On-Site Services COVID-19 FAQ

Updated April 30, 2020

### **What is the Optum On-Site Services team doing to address COVID-19 concerns?**

Throughout this global COVID-19 pandemic, the Optum team continues to closely monitor developments and follow the guidance and protocols issued by the Centers for Disease Control and Prevention (CDC) and state and local public health departments in supporting our customers' needs. Monitoring research and recommendations from experts from the CDC, World Health Organization (WHO) and the National Institutes of Health (NIH) continues to be our highest priority.

### **Is there anything new available for my employees to leverage during the time that they are working from home?**

Optum is committed to supporting the health and well-being of our clients and their employees, even while they may be working from home. One example is a new series of weekly toolkits specifically designed to help employees adjust to new challenges of working at home. The toolkits, which have been released each week starting in March and will continue through May, provide educational information, activities and workouts to help employees adjust to their new individual work space and maintain their health and well-being.

### **Does Optum have any new technology that employees can leverage to enhance their personal well-being?**

Optum On-Site Services is providing a complimentary 90-day trial of a revolutionary new mobile app that enables virtual personal training. Available to the employees of Optum On-Site Services clients, this app creates personalized fitness plans to drive employee engagement during this challenging time.

### **Resources:**

The U.S. Centers for Disease Control and Prevention (CDC) is the primary source for the latest updates on COVID-19. For the most current information, **please visit their site: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>**

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### **For more information, please contact:**

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