

KATRINA A. VICKERMAN
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EDUCATION

- 2003 – 2010 **University of Southern California**, Los Angeles, CA
Doctor of Philosophy, Clinical Psychology (August 2010)
Master of Philosophy, Clinical Psychology (May 2006)
- 2008 – 2009 **Internship in Clinical Psychology (APA Accredited)**, VA Puget Sound Healthcare System,
American Lake Division, Tacoma, WA
- 1997 – 2001 **University of Virginia**, Charlottesville, VA
Bachelor of Arts (High Distinction), Psychology and English
- 1999 **Tulane University Summer Program in Paris**, France

GRANT/CONTRACT FUNDING

- 2018 – 2020 **National Institute of Drug Abuse**: Switching to the SREC: Evaluating Risk Reduction
among Quitline Treatment Failures. U01 DA045537. PI: Theodore Wagener. Role:
Co-investigator
- 2017 – 2020 **National Institute of Drug Abuse**: Enhanced E-cigarette Coaching Intervention for Dual
Users of Cigarettes and E-cigarettes. 5R21DA042960-02. PI: Katrina Vickerman
- 2017 – 2019 **National Cancer Institute**: Optimizing Tobacco Dependence Treatment in the
Emergency Department. 1R01CA201873-01A1. PI: Steven Bernstein. Role: Co-
investigator.
- 2014 – 2016 **National Center for Complementary and Alternative Medicine**: Mind/Body
Stress Management to Improve Outcomes in a Workplace Weight Loss Program.
R21AT007845-01. PI: Kelly Carpenter. Role: Co-investigator and Analyst.
- 2014 – 2016 **ClearWay Minnesota**: Reengaging tobacco users in quitline cessation programs.
Role: Investigator, Project lead, Analyst.
- 2013 – 2016 **National Cancer Institute**: Technology-Enhanced Quitline Services to Prevent
Smoking Relapse. PI: Anna McDaniel. Role: Co-investigator.
- 2014 – 2015 **Centers for Disease Control and Prevention, Office on Smoking and Health**:

Analysis of Quitline Callers' Beliefs about E-cigarettes, E-cigarette Use, and Understanding and Reactions to E-cigarette Messages Delivered by Quitlines. Role: Project lead, Analyst.

- 2013 – 2014 **Centers for Disease Control and Prevention, Office on Smoking and Health:** State Quitline Analyses: Tips Campaign 7-month Outcomes, Electronic Cigarette Use among Quitline Callers, Mental Health Concerns Among Quitline Callers. Role: Project lead, Analyst.
- 2012 – 2013 **Centers for Disease Control and Prevention, Office on Smoking and Health:** Analysis of Quit Plans, Quit Attempts, and Successful Cessation Among Quitline Callers during the 2012 CDC National Tobacco Education Campaign. Role: Project lead, Analyst.
- 2006 – 2010 **National Institute of Mental Health:** Ruth L. Kirschstein National Research Service Award (NRSA), "Spouse Aggression: Mental and Physical Health Consequences" (4 years funding), Principle Investigator: Katrina Vickerman. NIH Grant No. F31 MH074201. Sponsor: Gayla Margolin, Ph.D.

EMPLOYMENT AND EXPERIENCE

- 2019 – **Director**, Center for Wellbeing Research, Optum (formerly Alere Wellbeing, Inc.), Seattle, WA
- 2014 – 2019 **Research Scientist/ Principal Scientist**, Center for Wellbeing Research, Optum (formerly Alere Wellbeing, Inc.), Seattle, WA
- 2012 – 2014 **Lead Program Evaluator**, Clinical and Behavioral Sciences, Alere Wellbeing, Inc., Seattle, WA
- 2010 – 2012 **Program Evaluator**, Clinical and Behavioral Sciences, Alere Wellbeing, Inc., Seattle, WA
- 2003 – 2008 **Graduate Student Researcher**, Family Studies Project, PI: Gayla Margolin, PhD, Department of Psychology, University of Southern California, Los Angeles, CA
- 2003 – 2008 **Clinical Research Assistant**, Family Studies Project, PI: Gayla Margolin, PhD, Department of Psychology, University of Southern California, Los Angeles, CA
- 2004 – 2008 **Graduate Student Therapist**, Psychology Services Center, University of Southern California, Los Angeles, CA
- 2004, 2005 **Teaching Assistant**, Child Development and Introduction to Psychology, University of Southern California, Los Angeles, CA
- 2004 **Assessment Intern**, Twin Towers Correctional Facility, Mental Health Division Los Angeles County Jail, Los Angeles, CA
- 2001 – 2003 **Postbaccalaureate Intramural Research Training Award Fellow**, National Institute of Child Health and Human Development, National Institutes of Health, Bethesda, MD
- 2002 – 2003 **Volunteer, Alexandria Domestic Violence Shelter**, Alexandria, VA
- 2000 – 2001 **Psychology Distinguished Majors Research Program**, University of Virginia, Charlottesville, VA
- 1999 – 2000 **Research Assistant**, Relationship Dissolution Study, Supervisors: Robert Emery, PhD, Dave Sbarra, MA, Department of Psychology, University of Virginia, Charlottesville, VA
- 1999 – 2000 **Research Assistant, Children's Injury & Traumatic Stress Study**, Supervisor: Jeffery

- Aaron, PhD, Charlottesville, VA
- 1999 **Research Assistant**, Sexual Experiences and Sexual Health Study, Supervisors: Robert Emery, PhD, Kathleen Whitten, MA, Department of Psychology, University of Virginia, Charlottesville, VA
- 1998 – 2000 **Volunteer, Crisis Hotline**, Charlottesville, VA
- 2000 **Childcare Assistant, Westminster Daycare**, Charlottesville, VA

PEER-REVIEWED JOURNAL ARTICLES

Patten CA, Fu S, Vickerman KA, Bock MJ, Nelson D, Zhu SH, Balls-Berry JE, Torres AJ, Brockman TA, Hughes CA, Klein AE, Valdez-Soto M, & Keller PA. (2019). *Support person interventions to increase use of quitline services among racially diverse low-income smokers: A pilot study*. Addictive Behaviors Reports. DOI: 10.1016/j.abrep.2019/100171

Carpenter KM, Nash CM, Vargas-Belcher RA, Vickerman KA, Haufle V. (2019). *Feasibility and Early Outcomes of a Tailored Quitline Protocol for Smokers with Mental Health Conditions*. Nicotine and Tobacco Research. DOI: 10.1093/ntr/ntz023

Bernstein SL, Dziura J, Weiss J, Miller T, Vickerman KA, Grau LE, Pantaloni MV, Abrams L, Collins L, Toll B. (2018) *Tobacco Dependence Treatment in the Emergency Department: A Randomized Trial Using the Multiphase Optimization Strategy*. Contemp Clinical Trials. DOI: 10.1016/j.cct.2017.12.016

Carpenter K, Vickerman KA, Salmon E, Javitz H, Lovejoy J, & Epel E. (2017). *A randomized pilot study of a phone-based mindfulness and weightloss program*. Behavioral Medicine, DOI: 10.1080/08964289.2017.1384359.

Vickerman KA, Keller, P, Mahuna S, Deprey M, Dreher M, Jenssen J, & Lachter R. (2018). *Never quit trying: Reengaging tobacco users in statewide cessation services*. Journal of Public Health Management and Practice. 24(3): e25-33. doi: 10.1097/PHH.0000000000000635

Vickerman KA, Beebe LA, Schauer G, Magnusson, B, & King B. (2017). *Electronic nicotine delivery system (ENDS) users who call state quitlines for help quitting smoking: A qualitative study with 40 callers in Oklahoma*. BMJ Open. 2017 Apr 1;7(4):eD13079. Doi: 10.1136/bmjopen-2016-013079.

Vickerman KA, Schauer G, Malarcher A, Zhang L, Mowery P, & Nash C. (2017). *Reasons for Electronic Nicotine Delivery System use and tobacco abstinence at 6 months: A descriptive study of callers to employer and health plan-sponsored quitlines*. Tobacco Control. Tobacco Control 2017;26:126-134.

Vickerman KA, Zhang L, Malarcher A, Mowery P, & Nash C. (2015). *Cessation Outcomes among Quitline Callers during a National Tobacco Education Campaign: Evidence from Three States*. Preventing Chronic Disease, 12, 150024. doi: <http://dx.doi.org/10.5888/pcd12.150024>.

Vickerman KA, Schauer GL, Malarcher AM, Zhang L, Mowery P, & Nash CM. (2015). *Quitline use and outcomes among callers with and without mental health conditions: A 7-month follow-up evaluation in*

three states. BioMed Research International, Special Issue on Tobacco and Health Disparities. Article ID 817298. doi: 10.1155/2015/817298

McDaniel AM, Vickerman KA, Stump TE, Monahan PO, Fellows JL, Weaver MT, Carlini BH, Champion VL, & Zbikowski SM. (2015). A Randomized Controlled Trial to Prevent Smoking Relapse Among Recently Quit Smokers Enrolled in Employer and Health Plan Sponsored Quitlines. *BMJ Open*, 5, e007260. doi:10.1136/bmjopen-2014-007260

Nash CM, Vickerman KA, Kellogg ES, Zbikowski SM. (2015). *Utilization of a web-based vs integrated phone/web cessation program among 140,000 tobacco users: an evaluation across 10 free state quitlines*. *J Med Internet Res*. doi:10.2196/jmir.3658

Zhang L, Vickerman KA, Malarcher A, & Carpenter K. (2015). *Changes in Quitline Caller Characteristics during a National Tobacco Education Campaign*. *Nicotine and Tobacco Research*. doi: 10.1093/ntr/ntu271

Zhang L, Vickerman KA, Malarcher A, & Mowery P. (2014). *Intermediate cessation outcomes among quitline callers during a U.S. national tobacco education campaign*. *Nicotine and Tobacco Research*, 16, 1478-86. doi: 10.1093/ntr/ntu105.

Vickerman KA, Carpenter KM, Altman T, Nash CM, & Zbikowski SM. (2013). Use of electronic cigarettes among state tobacco cessation quitline callers. *Nicotine and Tobacco Research*, 15, 1787-1791.

Margolin G, Vickerman KA, Oliver PH, & Gordis EB. (2010). Violence exposure in multiple interpersonal domains: Cumulative and differential effects. *Journal of Adolescent Health*. doi:10.1016/j.jadohealth.2010.01.020

Vickerman KA, & Margolin G. (2009). Rape treatment outcome research: Empirical findings and state of the literature. *Clinical Psychology Review*, 29, 431-448.

Margolin G, Vickerman KA, Ramos MC, Serrano SD, Gordis EB, Iturralde E, Oliver PH, & Spies LA. (2009). Youth exposed to violence: Stability, co-occurrence, and context. *Clinical Child and Family Psychology Review*, 12, 39-54.

Vickerman KA & Margolin G. (2008). Trajectories of physical and emotional marital aggression in midlife couples. *Violence and Victims*, 23, 18-34.

Margolin G & Vickerman KA. (2007). Post-traumatic stress in children and adolescents exposed to family violence: I. Overview and issues. *Professional Psychology: Research and Practice*, 38, 613-619.

Vickerman KA & Margolin G. (2007). Post-traumatic stress in children and adolescents exposed to family violence: II. Treatment. *Professional Psychology: Research and Practice*, 38, 620-628.

Gordis EB, Margolin G, & Vickerman KA. (2005). Communication and frightening behavior among couples with past and recent histories of physical marital aggression. *American Journal of Community Psychology, 36*, 177-191.

Margolin G, Chien D, Duman SE, Fauchier A, Gordis EB, Oliver PH, Ramos MC, & Vickerman KA. (2005). Ethical issues in couple and family research. *Journal of Family Psychology, 19*, 157-67.

OTHER PUBLICATIONS

Margolin G, Spies LA, Vickerman KA, & Duman S. (2009). Behavioral couple therapy. In H. Reis & S. Sprecher (Eds.), *Encyclopedia of Human Relationships* (pp. 145-145). Thousand Oaks, CA: Sage.

PRESENTATIONS

Raskob M, Nash C, Vickerman KA, & Carpenter K. (Aug 2019). *State Quitlines: Trends in reach and differences in demographic profiles across program offerings*. Poster presented at the 2019 Meeting of the National Conference on Tobacco or Health, Minneapolis, MN.

Bock MJ, Patten CA, Fu S, Vickerman KA, Nelson D, Zhu SH, Balls-Berry JE, Torres AJ, Brockman TA, Hughes CA, Klein AE, Valdez-Soto M, & Keller PA. (2019, February). *Feasibility of a Support Person Intervention to Increase use of Quitline Services among Diverse Low Income Smokers*. Poster presented at the 2019 Annual Meeting for the Society for Research on Nicotine and Tobacco, San Francisco, CA.

Vickerman KA, Stump TE, Monahan PO, Weaver MT, Fellows JL, McDaniel AM. (2018, February). *Using an interactive voice response relapse prevention protocol during smoking cessation treatment: Who engages and what predicts outcomes?* Poster presented at the 2018 Annual Meeting for the Society for Research on Nicotine and Tobacco, Baltimore, MD.

Bock MJ, Patten CA, Fu S, Vickerman KA, Nelson D, Zhu SH, Brockman TA, Balls-Berry J, Valdez-Soto M, Witt D, Shah A, Klein A, Torres A, & Sigler B. (2018, February). *Feasibility of a Support Person Intervention to Promote Quitline Services among Low Income Smokers*. Poster presented at the 2018 Annual Meeting for the Society for Research on Nicotine and Tobacco, Baltimore, MD.

Vickerman KA & Keller P. (2017, Decemeber). *Never quit trying: Reengaging tobacco users in statewide cessation services*. Webinar presentation for the Centers for Disease Control and Prevention, Office of Smoking and Health Media Network Webinar Series.

Keller P, Vickerman KA, Lien B, Zook H, Lachter RB. (2017, Decemeber). *Keep trying: Reengaging tobacco users in statewide cessation services*. Poster presented at the 10th Annual Conference on the Science of Dissemination and Implementation, Arlington, VA.

Bush T, Torres A, Salmon E, Carlini BH, Vickerman KA, & Schauer G. (2017, November). *Prevalence of Marijuana use and interest in quitting among tobacco users calling state quitlines*. Poster presented at the 2017 Meeting for the American Public Health Association, Atlanta, GA.

Lachter RB, Vickerman KA, Keller P, Deprey M, Jenssen J, & Dreher M. (2017, April). *Never Quit Trying: Reengaging tobacco users in statewide cessation services*. Poster presented at the 2017 Meeting for the National Conference on Tobacco or Health, Austin, TX.

Vickerman KA, Beebe L, Schauer G, King B, & Magnusson B. (2017, April). *Electronic nicotine delivery system (ENDS) use during smoking cessation: a qualitative study of 40 Oklahoma quitline callers*. Poster presented at the 2017 Annual Meeting for the Society of Behavioral Medicine, San Diego, CA.

Carpenter K, Vickerman KA, Salmon E, Javitz H, Lovejoy J, & Epel E. (2017, April). *Integrating mindfulness into a phone-based behavioral weight loss program: A randomized pilot study*. Poster presented at the 2017 Annual Meeting for the Society of Behavioral Medicine, San Diego, CA.

Vickerman KA, Schauer G, Malarcher A, Zhang L, Mowery P, & Nash C. (2016, March). *Reasons for electronic nicotine delivery system (ENDS) use and smoking abstinence at 6 months: A descriptive study of callers to employer and health plan-sponsored quitlines*. Poster presented at the 2016 Annual Meeting for the Society for Research on Nicotine and Tobacco, Chicago, IL.

Vickerman KA, Mahuna S, Keller P, Dreher M, & Schillo B. (2016, March). *Do targeted outreach methods increase smokers' reengagement in quitline services? Results from a randomized quality improvement project*. Poster presented at the 2016 Annual Meeting for the Society for Research on Nicotine and Tobacco, Chicago, IL.

Vickerman KA, Schauer G, Malarcher A, Zhang L, Mowery P, & Nash C. (2015, March). *Reasons for electronic nicotine delivery system (ENDS) use and smoking abstinence at 6 months: A descriptive study of callers to employer and health plan-sponsored quitlines*. Poster presented at the 2016 Annual Meeting for the Society for Research on Nicotine and Tobacco, Chicago, IL.

Vickerman KA, Beebe L, Schauer G, King B, & Magnusson B. (2015, August). *ENDS users who call quitlines: Surveillance data and research findings*. Oral presentation at the 2015 meeting for the North American Quitline Consortium, Atlanta, GA.

Rudie M, Lukowski AV, Kerklivet J, Vickerman KA. (2015, August). *MDS questions on Electronic Nicotine Delivery Systems - ENDS*. Panel presentation at the 2015 meeting for the North American Quitline Consortium, Atlanta, GA.

Carpenter K, Kellog L, Vickerman KA, Lovejoy J. (2015, April). *Psychological distress and eating behaviors in weight loss participants who report stress eating*. Poster presented at the 2015 Annual Meeting for the Society of Behavioral Medicine, San Antonio, TX.

Vickerman KA, Schauer G, Malarcher A, Zhang L, Mowery P, & Nash C. (2015, February). *Quitline use and effectiveness for callers with mental health conditions: Evidence from three states*. Poster presented at the 2015 Annual Meeting for the Society for Research on Nicotine and Tobacco, Philadelphia, PA.

McDaniel AM, Vickerman KA, Zbikowski SM, Campbell M, Monahan PO, Stump TE, Weaver MT, Carlini BH, Fellows JL. (2015, February). *Use of automated technology to prevent smoking relapse among recently quit smokers enrolled in employer and health plan sponsored quitlines*. Oral presentation at the 2015 Annual Meeting for the Society for Research on Nicotine and Tobacco, Philadelphia, PA.

McDaniel AM, Carlini BH, Stratton, SM, Stump TE, Monahan PO, Vickerman KA, Fellows JL, Campbell M, Zbikowski SM. (2015, February). *Monitoring relapse risk among recently quit smokers using interactive voice response (IVR) technology*. Poster presented at the 2015 Annual Meeting for the Society for Research on Nicotine and Tobacco, Philadelphia, PA.

Vickerman KA, Zhang L, Malarcher A, Mowery P, & Carpenter K. (2014, February). *Intermediate cessation outcomes among quitline callers during a U.S. national tobacco education campaign*. Oral presentation at the 2014 Annual Meeting for the Society for Research on Nicotine and Tobacco, Seattle, WA.

Vickerman KA, Zbikowski SM, Wassum K, & Altman T. (2013, March). *Use of Electronic Cigarettes Among State Quitline Populations: Prevalence, Demographics, and Quit Status*. Poster presented at the 2013 Annual Meeting of the Society for Research on Nicotine and Tobacco, Boston, MA.

Vargas R, Serotkin S, Vickerman KA, Bush T, & Carpenter K. (2013, March). *Prevalence of Participants Using Quitline Services Reporting a Mental Health Condition*. Poster presented at the 2013 Annual Meeting of the Society for Research on Nicotine and Tobacco, Boston, MA.

Altman T, Perez-Cromwell A, Vickerman KA, Nash C, Dubravcic E, & Moore L. (2012, October). *Efforts to Improve Response Rates: Initial Lessons Learned from Internal Evaluation of a Tobacco Cessation Program*. Ignite Presentation at the 2012 Annual Meeting of the American Evaluation Association, Minneapolis, MN.

Bush T, Vickerman KA, Mahoney L, & Zbikowski S. (2012, August). *Characteristics of Tobacco Users who call Quitlines by Gender*. Poster presented at the 2012 Annual Meeting of National Conference on Tobacco or Health, Kansas City, MO.

Baucom B, Vickerman KA, Oliver PH, Ramos MC, Serano SD, Spies LA, Iturralde I, & Margolin G. (2010, November). *Time-varying agreement in parent and child reports of child violence exposure*. Poster presented at the 2010 Annual Meeting of the Association for the Advancement of Behavior Therapy, San Francisco, CA.

Vickerman KA. (2009, June). *OIF/OEF Service Members: Mental Health Data*. Presented to the Psychology Service at the VA Puget Sound Healthcare System, American Lake Division, Tacoma, WA.

Ramos MC, Duman Serrano S, Iturralde E, Vickerman KA, & Margolin G. (2009, April). *Violence Exposure in Young Adults: Stability and Co-Occurrence*. Presented at the 2009 Biennial Meeting of the Society for

Research in Child Development Convention, Denver, CO.

Oliver P, Spies L, Vickerman KA, Duman Serrano S, & Margolin G. (2009, April). Behavioral Adjustment: A Longitudinal Examination of Exposure to Contextual Risk Factors and Family and Community Violence. Presented at the 2009 Biennial Meeting of the Society for Research in Child Development Convention, Denver, CO.

Oliver PH, Duman S, Vickerman KA, & Margolin G. (2008, March). *Influence of cumulative violence exposure and family level factors on adolescent adjustment*. Poster presented at the 2008 Biennial Meeting of the Society for Research on Adolescence, Chicago, IL.

Margolin G, Vickerman KA, Oliver PH, & Swanston M. (2007, March). *Youth Violence Exposure: Effects of Multiple Types and Multiple Years*. Paper presented at the 2007 Biennial Meeting of the Society for Research on Child Development, Boston, MA.

Oliver PH, Gordis EB, Duman S, Vickerman KA, & Margolin G. (2007, March). *Child behavioral adjustment related to family and community violence: Mediating effects of family subsystems*. Paper presented at the 2007 Biennial Meeting of the Society for Research on Child Development, Boston, MA.

Vickerman KA & Margolin G. (2006, May). *Trajectories of Physical and Emotional Marital Aggression in Middle-Aged Couples*. Paper presented at the 2006 Annual Meeting of the Leibovitz Conference, University of Southern California, Los Angeles, CA.

Vickerman KA & Margolin G. (2006, March). *Husband and wife aggression: Longitudinal impact for children*. Poster presented at the 2006 Biennial Meeting of the Society for Research on Adolescence, San Francisco, CA.

Vickerman KA & Margolin G. (2004, November). *A longitudinal analysis of emotional and physical aggression in marriage: Reports of fear*. Poster presented at the 2004 Annual Meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

Orbach Y, Lamb ME, Vickerman KA, Pelaez MT, Sleeth-Keppler E, & Norris J. (2003, April). *Developmental differences in young children's reports of temporal information in the course of forensic interviews*. Poster presented at the 2003 Biennial Meeting of the Society for Research in Child Development, Tampa, FL.

Orbach Y, Lamb ME, Sternberg KJ, Vickerman KA, Pelaez MT, Sleeth-Keppler E, & Norris J. (2002, June). *Age differences in young children's reports of temporal information in the course of forensic interviews*. Paper presented to the 32nd Annual Meeting of the Jean Piaget Society, Philadelphia, PA.

Pelaez MT & Vickerman KA. (2002, April). *Children's maltreatment histories: The value of multiple informants*. Poster presented at the National Institute of Health Postbaccalaureate Poster Day, Bethesda, MD.

Gillette C, Kim C, Klein E, Kraut J, Krzkwa E, Laslie K, Norris J, Pearson L, & Vickerman KA. (2001, August). *Do anatomical drawings elicit additional information in forensic investigations of children?* Poster presented at the National Institute of Child Health and Human Development Summer Intern Poster Day, Bethesda, MD.